Body Armor Craft

Supplies

- large, sturdy paper plates (1 per child)
- aluminum foil (enough to cover the plate)
- tape
- markers
- heart stickers
- yarn (about 2 feet)

Share: *"Today you learned that when we're friends with Jesus, he makes us righteous. That means we can make right choices because Jesus puts his love in our hearts, and that helps us fight God's enemy. We can fight evil with righteousness. Let's make a piece of armor to help us remember that Jesus' love in our hearts helps us make right choices."*

- Take the plate and a piece of aluminum foil. Help kids wrap the foil around the bottom of the plate and secure it with tape.
- Set out markers to share, and encourage kids to gently color the aluminum foil.
- Help kids tape yarn to the plates so they can wear them around their necks.
- Put Hearts on the Body Armor

Share: *"When we're friends with Jesus, he makes us righteous by putting good things in our hearts.*
• What are some good things you have in your heart? (ex. love, kindness, or peace.)
When we have those good things from Jesus in our hearts, it helps us make right choices. It protects our heart from wrong choices."

- put some heart stickers on the inside of the armor to help remember that Jesus' righteousness protects our hearts.

Share: "The righteousness Jesus gives us helps protect us from God's enemy. We fight evil with righteousness."